

**ABSTRACT**

A golf glove which includes a glove portion having finger and thumb portions and dorsal and palm portions. The dorsal and palm portions meet along at least one conjoining lateral edge and define a pocket for receiving the eminence of a golfer's hand. The glove portion also includes a pad made from an elastomeric, non-flowing gel. The pad is selectively positioned and dimensioned adjacent the palm portion of the glove according to the golfer's hand dimensions and/or the golfer's hand position relative to a golf club shaft which is held by the golfer during play. The pad is selectively positioned and dimensioned to protect the various aspects of the golfer's hand from shock and the translation of detrimental shock-related forces due to ball-to-club impact.